

TH&C Nippers Season 2023-24 *Junior Activities Guide*



TH&C Nippers Program *Est. 1966*

Tweed Heads & Coolangatta Surf Lifesaving Club
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Greenmount Beach, Coolangatta

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A Message from Surf Life Saving Queensland...

Are you aged between 5 and 13 and love spending time at the beach? Then Nippers could be just the thing for you! Have fun, meet new friends and develop skills for life, all while learning how to become a genuine surf lifesaver.

If you're thinking of introducing your child to lifesaving, then Junior Activities (Nippers) is for you. Junior Activities is open to children from age five up to 13 years. Every club in Queensland offers a Junior Activities program, all with various styles and sizes. Lifesaving is something for the whole family to get involved in and there are many supporting roles that you can play as a parent of a child involved in Junior Activities. Surf lifesaving is an amazing activity for growing a child's confidence, knowledge and skills in the beach environment. Not only will your child have fun and meet new friends they will become part of an iconic organisation that has served the Australian community for over 100 years.

The program is focused on play, participation and fun. It offers an educational pathway through the delivery of the Junior Development Resource Kit which is designed to ensure children have fun at the beach while participating in lessons that will develop them to become a knowledgeable participant in both lifesaving and sport. As they progress through the various age groups, Nippers will undergo lessons in wading, running, swimming, board paddling and lifesaving skills including working towards resuscitation and first aid.

Practising these skills allows children to compete in club, regional and state surf lifesaving carnivals representing their clubs.

Surf Life Saving Queensland



Welcome to Nippers at Tweed Heads & Coolangatta SLSC

Welcome to our new Nipper families and a big thank you to our returning Nipper families who continue to show commitment and enthusiasm within our junior program! The TH&C Junior Activities Committee hopes you have a summer of fun and friendships on beautiful Greenmount Beach.

TH&C Nippers is the oldest Nippers program in Queensland. It was founded on 13th November, 1966 by a group of fathers who wanted their kids involved in the club. Alan Hicking, our Club Patron was one of the foundation members and along with his extended family, continues to be an integral part of our Club.

Our Junior Activities program offers young people a fun and active lifestyle choice, as well as an opportunity for learning and competition in beach and water-based activities. Nippers are taught everything from sun and surf safety, beach sprints and flags, board paddling and swimming, all the way to lifesaving skills like CPR and water rescues. What can be better than seeing families together on a Sunday morning, having fun on the beach while learning skills?! Nippers not only gives us all an appreciation and understanding of our wonderful ocean environment, but also provides skills to our young people which one day might lead to them saving a life or preventing a drowning.

Our Junior Activities Program is coordinated and run by a group of dedicated parent and community volunteers, along with support from Club Administration and Coaches. The program cannot function without volunteers including Age Managers, Water Safety, Carnival Officials and BBQ/Raffle helpers. There is a volunteer option for every parent, no matter what your skill or ability, and we respectfully ask that you nominate to help when and wherever you can.



Please read through this guide as it contains a lot of helpful information about our program. Your Age Manager or other Committee Members will be happy to help should you require any further information.

Thanks for joining us at Greenmount beach!

TH&C Nippers Committee

Junior Activities Committee & Nippers Coordination Team

The Junior Activities Committee (JAC) is a subcommittee of TH&C SLSC with the responsibility for conducting the Nipper program. Anyone is welcome to attend meetings and contribute to the Committee, however only members of the Junior Activities Committee can vote at these meetings. The Committee always welcomes new faces and ideas and generally meets on a monthly basis.

- Junior Activities Coordinator/Nippers President - Iain Rogers
- Vice President - Glenn Turner
- Secretary - Angela Morrison
- Treasurer - Brendan Gibb
- Water Safety Coordinator - Matthew Dickens
- Officials Coordinator - Suzie Keith
- Carnival Coordinators - Jaime Millar and Sam Alford
- Uniform Coordinator - Amanda McClure and Lindy Powell
- Sponsorship Coordinator - Brie Jowett
- Education Coordinator - Kerri Turner
- Gear Steward - TBC
- Team Manager 8-10 - TBC
- Team Manager 11-14 - TBC



The JAC is closely supported by our Nipper Coaches.

- Surf Coach - Kane Haley
- Beach Coach - Chelsea Lane



We also have a large Nippers coordination team.

- Beach Set-Up - Shane Bisgrove
- BBQ Coordinator - Beatriz "Betty" Wynia-Carpio
- Raffle Coordinator - Ebony Whant
- Club Points Coordinator - Suzie Keith
- 200 Club Coordinator - Lara Hickling
- Club Photographer - TBC
- Social Media Coordinator - Brie Jowett
- Recruitment Coordinator - Melinda Costello
- Presentation Day Coordinator - Liz Preston
- March Past Coordinator - Angela Dickens



Each Age Group is managed by an enthusiastic and committed group of volunteers who fulfil our Age Manager roles:

- Under 6 - Vaughn Thomas
- Under 7 - Emily Stone, Adam Stone
- Under 8 - Tom Palmer, Craig Boswell
- Under 9 - Liam Young
- Under 10 - Brie Jowett, Brady Upton
- Under 11 - Kylie Rogers-Kane, Leanne Kippax
- Under 12 - Lisa Baxter, Angela Dickens
- Under 13 - Sam Alford
- Under 14 - Andrew Millar
- Under 15 - Kerri Turner, Shane Bisgrove



TH&C Nippers Program - Important Information

- TH&C Nipper Sundays is held at Tweed Heads & Coolangatta Surf Life Saving Club on Greenmount Beach.
- All Nipper activities run on **QUEENSLAND TIME**.
- Our Nipper Sunday program runs from approximately 8am to 10am. We ask all families to assemble at the appropriate age flag on the top of the beach by 7.50am.
- One parent or nominated guardian **MUST** remain on the beach with their child/children **AT ALL TIMES**.
- Age Managers have a weekly attendance sheet that must be maintained each week. All Nippers **MUST** report to their Age Manager before participating in any activities. All Nippers **MUST** also report to their Age Manager before leaving the program.
- All Nippers must wear designated uniforms whilst participating in our Sunday program. Other club merchandise is available to purchase. We are in the process of adding additional coloured rash shirts and caps to our program for our Under 6 to Under 10 Age Groups. Current 2023/24 requirements are:
 - a. **Under 6 (“Yellow”)** - yellow cap and yellow rash shirt (purchased by families for use over 3 seasons; Under 6 to Under 8).
 - b. **Under 7 (“Red”)** - red cap and red rash shirt (purchased by families for use over 2 seasons; Under 7 to Under 8).
 - c. **Under 8 (“Green”)** - green cap and green rash shirt (borrowed and returned at the end of the Under 8 season).
 - d. **Under 9** - pink rash vest and light blue cap (supplied by Club).
 - e. **Under 10** - pink rash vest (supplied by Club) and club cap (purchased by families).
 - f. **Under 11 to Under 15** - pink rash vest (supplied by Club) and club cap (purchased by families).
- We recommend that all Nippers bring along a water bottle, goggles and towel each Sunday. Baskets will be available for use within Age Groups. Sunscreen needs to be applied **BEFORE** arriving at the beach.
- All communication will be made via our private Facebook group “TH&C Nippers 2023/24”. All parents/guardians are permitted to join and must answer two security questions before they will be added to the group. For child safety reasons, a new group is created each season for current members.
- Age Managers will also communicate directly with their age group via text message or email.
- Nipper Sundays can sometimes be cancelled due to weather and beach conditions. We will communicate any changes as soon as a decision is made via our Facebook page.

- All families are required to adopt one role within the club. These roles may include working on the BBQ on allocated days, helping to run a raffle upstairs at the Club, training to be a Carnival Official or Water Safety volunteer, and taking on a coordination or Committee role. The BBQ roster can be found on page 16.
- To participate in all surf activities there are a number of evaluations. More information about these evaluations can be found on pages 11 and 12.
- Each Nipper Age Group has a Life Saving Award to complete prior to 31st December. There are a number of lessons that need to be taught, so regular attendance is important if you would like your child to be presented with the appropriate surf education program award at the end of each season.
- All Nippers aged Under 11 and above need to provide their own fibreglass board each Sunday. Nippers in Under 9 and Under 10 will be provided with a foam board to use.
- Nippers aged Under 8 and above have the option to participate in our training and competition program to prepare for inter-club carnivals. All Nippers who wish to participate in training and carnivals must pay an additional Training & Competition Levy. More information about our competition program can be found on page 13.
- Training is offered to our Competition squad. Details will be provided to our Training & Competition squad via facebook page - "TH&C Junior Training & Competition Squad 2023/24".
- All Nippers will receive a participation award or memento at our end of season Presentation Day. Additional awards will be allocated to some Nippers at the discretion of Age Managers and the Nippers Committee.
- There are 2-3 Club Championships allocated in the calendar as part of our Award system. More information about these championships can be found on page 14.
- Each week we collect lost property (particularly drink bottles and goggles). Several times a season we will place these items out on display for families to collect. Anything not collected will be recycled, donated or disposed of.



Membership

The minimum age for a child to join and participate in Junior Activities is 5 years old, up to a maximum of 13 years on a seasonal basis. The age at 30th of September will verify which age group your child will be registered in each season. A child may join as soon as they turn 5 years of age. A child who reaches 5 years after the 30th of September may join Nippers at that time for the remainder of the season; however this child will be required to stay in the U6 Nippers age group again the following season.

Age on 30th September	Age Group in Nippers
5	Under 6
6	Under 7
7	Under 8
8	Under 9
9	Under 10
10	Under 11
11	Under 12
12	Under 13
13	Under 14

We continue to have some of the lowest membership fees on the Gold Coast. Current membership fees are listed on our website:

<https://www.thcslsc.com.au/join/membership-fees/>

New and returning members can join online via our website:

<https://www.thcslsc.com.au/nippers/join-2/>

New junior members will be required to provide a copy of their birth certificate.



Surf Life Saving Queensland Member Code of Conduct

Members and all people involved in any way with SLS will:

- a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself;
- b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations;
- c) Be professional in, and accept responsibility for your actions;
- d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others;
- e) Raise concerns arising under this Policy through the appropriate channels and report any breaches of the Code or this Policy, in line with the Complaint Resolution Policy via <http://complaints.sls.com.au/>;
- f) Refrain from any form of abuse, harassment, discrimination and victimisation towards others;
- g) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy;
- h) Ensure SLS is an inclusive organisation that is open to all who wish to participate regardless of age, gender, disability, cultural and linguistic background or sexual orientation;
- i) Provide a safe and nurturing environment for all participating in SLS by actively promoting the principles of equal opportunity, social justice and cultural safety so that all individuals are treated with respect and dignity;
- j) Show concern, empathy and caution towards others that may be sick or injured;
- k) Strive to be a positive role model to all;
- l) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information;
- m) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s);
- n) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development;
- o) Refrain from intimate relations with persons over whom you have a position of authority;
- p) Maintain a duty of care towards others;
- q) Be impartial and accept the responsibility for all actions taken;
- r) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS;
- s) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner;
- t) Report any breaches of the codes or this policy to the appropriate PPA;
- u) Agree to abide by the codes; and
- v) Understand the possible consequences of breaching the codes and/or this policy;

Person in Position of Authority (PPA): PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

Proficiency & Awards

Proficiency is the foundation of Surf Lifesaving. It must be emphasised that Nippers does **NOT** teach children how to swim. To ensure that all children have achieved a suitable swimming ability to allow them to participate in all junior activities, SLSQ has developed a Junior Preliminary Skills Evaluation for each age group.

There are three levels of proficiency:

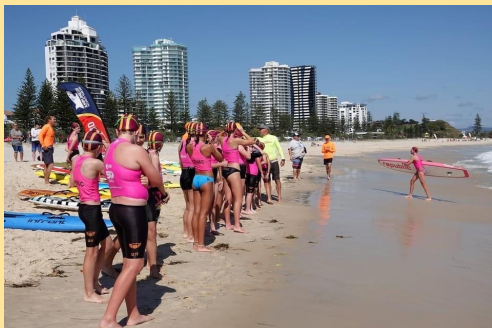
- Pool Evaluation
- Competency Beach Evaluation
- Competition Evaluation

The Pool Evaluation must be undertaken before a member can participate in any junior activities. The minimum requirements are listed in the following table. Any child that does not meet the required pool evaluation level cannot participate in any Nipper activities until they can successfully complete the evaluation. Pool evaluations will be undertaken on Sign-On days by a Club Assessor (Junior Activities Accreditation Officer - JAAO), or can be signed off by an external accredited Swim Coach. Proficiencies are undertaken **EACH YEAR** for **EVERY NIPPER**. The second and third evaluations will then be conducted during the first few weeks of Nippers.

Evaluation forms can be found on our website:

<https://www.thcslsc.com.au/nippers/nipper-documents/>

Not only is Junior Activities a fun way for children to enjoy the beach in a safe environment, it also offers an educational pathway through the delivery of the SLSQ Junior Development Program. As part of the Junior Development and Junior Activities Programs, children have the opportunity to gain a junior development **award** each season. Members wishing to compete in Surf Life Saving Queensland State Youth Championships events must complete their respective Junior Activities Age Award prior to the close of entries of their respective Branch Championships.



Age Group	Flotation	Submersion	Propulsion
Under 6	Back or front float for a minimum of 5 seconds and recover to stand.	Submerge to touch the bottom with hands.	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.
Under 7	Back or front float for a minimum of 10 seconds and recover to stand.		From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.
Under 8	Back or front float for a minimum of 15 seconds, recover to stand.		Swim on front any stroke (distance 20 metres) followed by a swim underwater (distance 2-3 metres)
Under 9	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute.	Submerge to touch the bottom with hands.	Swim in front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres.
Under 10			Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres.
Under 11	Front to back float or back to front float, 5 seconds each side. Tread water and/or any stroke sculling for minimum 2 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.
Under 12	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.
Under 13			Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.
Under 14		Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.

Training & Competition Program

At Tweed Heads & Coolangatta SLSC we encourage development through participation in our club training sessions and inter-club competitions. By participating in this part of our program, our junior members can work towards improving their beach skills, confidence and fitness levels and continue to build close and supportive friendships.

We provide a very comprehensive competition and professional training program each year for those junior members wanting to participate in SLSQ and SLSA carnivals. Our **training and competition levy** is a membership 'add-on'. This levy includes:

- Club board storage.
- All carnival entry fees.
- Junior training surf and beach program.
- Holiday training camp.

Once the new season starts, this levy must be paid before any Nippers can participate in training or inter-club competition. The current levies are:

- Under 8s - \$70/season.
- Under 9s to Under 10s - \$100/season
- Under 11s to Under 14s - \$140/season
- Family fee (2 or more children) - \$170/season

Details of our training program can be found on our Training & Competition facebook page. TH&C SLSC participates in the Point Danger Branch carnivals, as well as Gold Coast, Queensland and Australian Titles. Whilst the levy covers the cost of entry fees, families are responsible for nominations via a designated jotform. More specific details about our competition program are provided within our Junior Activities Training and Competition Guide.



Club Championships

In our Junior Program, there is a points system used throughout the season to promote the values of Surf Lifesaving. The aims of our points system are:

- To develop and foster Surf Lifesaving skills.
- To reward regular and active participation and help ensure all Nippers achieve their Age Award.
- To increase the retention rate of Lifesavers as they pass from juniors through to the senior ranks.

Award	Points
Attendance (at Official Sundays)	1 point
<p style="text-align: center;">Club Championship Days U8 - Wade, Sprint, Flags U9 - Wade, Sprint, Flags, Swim U10 to U14 - Swim, Board, Flags, Sprint Four events per age group (Swim, Board, Flags, Beach Sprint)</p> <p style="text-align: center;"><i>U8s only compete in three events. U9s to U14s compete in four events. For U9s the board is replaced by a wade.</i></p>	Points per Event finished. 1 st Place – 6 points 2 nd Place – 5 points 3 rd Place – 4 points 4 th Place – 3 points 5 th Place – 2 points 6 th Place (and above) - 1 point
Carnival Participation	3 points for participation per carnival. Limited to 3 carnivals with water events. Maximum of 9 points.
Sun Surf Appeal ‘Shake the Can’ for the annual SLSQ fundraising event.	1 point per hour (including travel) Maximum of 3 points.

Within the points system, there is a facility for points to be deducted for behaviour that is not consistent with our values of fairness and respect. This would be applied after consultation with the Nipper’s parents and the Team Manager.

All points are recorded by Age Managers and documented by our Club Points Coordinator. Nippers can only participate in their designated age group. Please check our calendar to confirm which Nippers Sundays are considered ‘Official’ days. Each season has three Club Championship days allocated, but only two dates might be used if bad weather and/or beach conditions lead to a cancellation.

Child Safety

Surf Life Saving Australia (SLSA) and its member organisations seek to provide a safe, fair and inclusive environment for everyone involved in SLS.

This means providing everyone involved in SLS, including children and young people, with a positive and enriching environment that promotes their participation and development.

SLSA is committed to keeping everyone involved in SLS, including children and young people in its care and ensuring that they feel, and are, safe. Accordingly, SLSA seeks to ensure that our people strive for the highest possible standards with respect to keeping children and young people safe from abuse and neglect.

Due to Surf Life Saving's unique nature and large, varying scope of activities, SLSQ has recognised and accepted that parent members who are actively involved in working with and/or supervising children are not, or are very unlikely to be, involved in the same or similar activities as their children from week to week. Therefore parent members who are involved in roles or functions are required to complete the **blue card** screening requirements (working with children check). For example, Committee members, Age Managers, Coaches, Officials and Water Safety personnel.

Please contact the Club Administration for further information. A blue card quick reference guide is located on our website:

<https://www.thcslsc.com.au/wp-content/uploads/2022/07/Blue-Card-Reference-Guide.pdf>

Information for applying for a blue card if you do not reside in Qld can also be found on our website:

<https://www.thcslsc.com.au/wp-content/uploads/2022/07/NSW-Applying-for-CRN-1.pdf>

Please let us know at the beginning of the Season if you do not want your Nipper included in **photographs**. We will then advise the Age Managers and our Official Photographers of your request. In this instance, we also ask parents/guardians to remain in attendance at all times and take equal responsibility to remove your child from the situation where they can be photographed.

Members can gain access to our **change rooms** in the main club. It is now club policy that children under 15 years cannot use the change rooms without his or her parent/guardian. Under 15-18's are required to use the showers and change rooms with a buddy or their parent/guardian. Failure to comply may result in the restriction of access to the area.

Season Calendar

Date	BBQ Roster	Event
Saturday 2nd September 2023	-	Sign-On Day
Saturday 16th September 2023	-	Sign-On Day / Board Swap Meet
Sunday 8th October 2023	U13-U15	First Nipper Sunday
Sunday 15th October 2023	U12	Nipper Sunday
Sunday 22nd October 2023	U11	Nipper Sunday
Sunday 29th October 2023	U10	Nipper Sunday / Club Championship #1
Saturday 4th November 2023	-	U11-15 Gold Coast City Titles
Sunday 5th November 2023	NO BBQ	U11-15 Gold Coast City Titles / Nipper Sunday
Saturday 11th November 2023	-	U8-10 Teams Carnival
Sunday 12th November 2023	U9	Nipper Sunday
Sunday 19th November 2023	U8	Nipper Sunday
Sunday 26th November 2023	U7	Nipper Sunday
Saturday 2nd December 2023	-	U8-10 Little Mates Carnival 2
Sunday 3rd December 2023	U6	Nipper Sunday / Club Championships #2
Sunday 10th December 2023	U13-U15	Nipper Sunday
Sunday 17th December 2023	-	Nipper Sunday Christmas Party
Sunday 24th December 2023	-	NO NIPPERS / Christmas Eve
Sunday 31st December 2023	-	NO NIPPERS / New Year's Eve
Sunday 7th January 2024	-	NO NIPPERS
Sunday 14th January 2024	U12	Nipper Sunday (unofficial - no points)
Sunday 21st January 2024	U11	Nipper Sunday (unofficial - no points)
Sunday 28th January 2024	U10	Nipper Sunday
Saturday 3rd February 2024	-	U11-13 Gold Coast Carnival
Sunday 4th February 2024	U9	Nipper Sunday / Club Championships #3
Sunday 11th February 2024	U8	Nipper Sunday
Sunday 18th February 2024	U7	Nipper Sunday
Saturday 24th February 2024	-	U11-15 Point Danger Branch Youth Championships
Sunday 25th February 2024	NO BBQ	Nipper Sunday U11-15 Point Danger Branch Youth Championships
Sunday 3rd March 2024	U6	Nipper Sunday
Saturday 9th March 2024	-	U8-10 Point Danger Branch Carnival
Sunday 10th March 2024	U13-15	Keiran Young Memorial Relay Nipper Sunday Break-up Party
Saturday 16th March 2024	-	Annual General Meeting U11-15 Presentation Evening
Sunday 17th March 2024	-	U6-10 Presentation Morning
Thursday 21st March to Sunday 24th March	-	U11-15 Qld Youth Championships
Saturday 13th April to Sunday 14th April	-	U13-15 Australian Youth Championships

Volunteering and Fundraising

All of our Committee members, Age Managers, Officials, Water Safety personnel and patrolling members are volunteers. To ensure we run a safe and fun junior program, we need every family to offer support and volunteer in some way.

Opportunities to volunteer include:

- Becoming a Junior Activities Committee member
- Qualifying as a Carnival Official
- Undertaking your bronze certificate and assisting with water safety
- Help on our Nipper Sunday BBQ's and fundraising days
- Volunteer to run a raffle upstairs at Greenmount Beach Club

To stay financially viable, funds are required to provide equipment and coaching.

The **BBQ** on Nipper Sundays is our main weekly fundraiser. Along with our BBQ Convenor, each Age Group is allocated 2-3 dates each season to help to run our BBQ (please see season calendar on page 16). Please record the relevant dates in your diary and sign up to our roster when each date is advertised. Our shifts are:

- 7:30 am to 8.30am (set-up).
- 8.30am to 9.30am.
- 9.30am to 10.30am (including pack-up).

And remember, your Age Manager and the BBQ Convenor will be there to guide you. So you don't need to worry if you have never done it before!

Every three weeks, we also have the opportunity to run a **raffle** upstairs at Greenmount Beach Club. Our Supporters club generously donates prizes for the Nippers to conduct this raffle from 5-6pm QLD time. We can raise between \$200 to \$350 each time, so it is a very important source of income for our junior activities program. All the club members and visitors dining upstairs also love being sold tickets and interacting with our Nippers.

Please look out for the online raffle roster that is regularly shared by our Raffle Coordinator on our facebook page and sign up for a shift. Families are welcome to share the shift to make it fun for the kids! At least one parent/guardian is required to go along and the Raffle Coordinator will provide all of the information you need.

Other fundraising events include our annual **200 Club** and **Christmas Raffle**. We encourage all of our families to support these events when they are advertised each season!

Uniforms

TH&C Nippers have a designated Uniform Shop. Please check our TH&C Nippers facebook page for opening hours and prices.

We have a range of Nippers Merchandise available to purchase :

- Nippers Caps
- One Piece Girls/Ladies Swimwear
- Girls/Ladies Bikini
- Boys/Men's Jammers
- Umbrellas
- Hooded Towels
- Trucker/Bucket Hats
- Backpacks
- Deck Parkas
- Club T-Shirts



All Nippers must wear designated uniforms whilst participating in our Sunday program. We are in the process of adding additional coloured rash shirts and caps to our program for our Under 6 to Under 10 Age Groups. Current 2023/24 requirements are:

- Under 6 ("Yellow")** - yellow cap and yellow rash shirt (purchased by families for use over 3 seasons; Under 6 to Under 8).
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- Under 8 ("Green")** - green cap and green rash shirt (borrowed and returned at the end of the Under 8 season).
- Under 9** - pink rash vest and light blue cap (supplied by Club).
- Under 10** - pink rash vest (supplied by Club) and club cap (purchased by families).
- Under 11 to Under 15** - pink rash vest (supplied by Club) and club cap (purchased by families).



Youth Program

The TH&C Youth Program is a Senior Club based program. The program is available to the Under 14 to Under 17 age groups, and aims to secure the continual inclusion and progression of younger members. Youth development is targeted at these particular age groups as trends from SLSA have shown that these are the years where the participation rates rapidly decrease.

The TH&C Youth Program has been successfully running for many years, and is a self-funded program. Funds are generally obtained through sponsorship and fundraising. The program focuses on team-building, self-awareness, and having fun in a healthy, moderately structured environment, to assist the transition into senior ranks.

Peta Ellis is coordinating the Youth Program this year. Please apply to join the private Facebook page - TH&C Youth Program or contact our Administration team for more information.



Sponsorship

Ongoing sponsorship is an integral part of the operation of the TH&C Junior Activities program.

The club is seeking new sponsors to provide ongoing financial support to provide quality training and equipment. These partnerships create an opportunity for local businesses to be associated with our award-winning club.

There are many sponsorship options available each season! Please contact us if you would like more information.

