



FAMILY PARTICIPATION PROGRAM

Tweed Heads & Coolangatta SLSC



SURF LIFESAVING SNAPSHOT



- Surf Life Saving in Queensland is made up of **58 surf clubs** from Rainbow Bay to Port Douglas
- **6 Branches** - Point Danger, South Coast, Sunshine Coast, Wide Bay Capricorn, North Barrier and North Queensland
- **Just over 30,000 members** including active patrolling, associate and juniors
- Surf Life Saving Australia (SLSA) is the governing body of **166,923 members**



JUNIOR ACTIVITIES SNAPSHOT



- Junior activities is from U6's (red caps) up to U14's
- More than 10,000 junior activity members across Queensland
- That equates to 33% of our membership
- 23% of our membership are Junior Activities parents



THE THREE F'S

SURF LIFE SAVING
QUEENSLAND



Our juniors have told us there are three things that are important to them when it comes to junior activities:

- FUN
- FAMILY
- FRIENDS



BENEFITS OF JUNIOR ACTIVITIES FOR YOUR CHILDREN



- **Lifesaving knowledge development** – surf awareness skills and beach safety
- **Lifesaving skills development** – from surf skills in the water to resuscitation and basic first aid.
- **Friendship** – through a range of formal and informal activities and social events
- **Fun** – through a strong focus on participation for all juniors
- **Family** – by getting involved, juniors can spend quality time on the beach with you and other members of your family.



JUNIOR ACTIVITIES: THE END RESULT



Overall, our junior activities programs aim to build the skills and knowledge of our young members so that when they gain their Surf Rescue Certificate in Under 14's, they become confident and experienced young lifesavers ready to start patrolling and saving lives.



WHAT HAPPENS ON A SUNDAY MORNING?



- Junior activities focuses on participation and skill development
- Rotate through stations of skills; board paddling, swimming, beach flags, wades and sprints, education sessions.
- Exercises at each area should focus on fun, not just competing
- An education component is also part of the program - Each age group completes education awards ranging from basic surf awareness knowledge in the young age groups up to more formal qualifications in the older groups such as their resuscitation award in U13's



CREATING A SAFE ENVIRONMENT



- Water safety standards include:
 - Personnel (1 officer: 5 children)
 - High visibility rash shirts & caps
 - Risk assessments
- Child risk management includes;
 - Attainment of a blue card for all Active Members >18
 - Child and Youth Risk Management Strategy (Government compliant)
 - Photography only with Parental Consent



CREATING A SAFE ENVIRONMENT



- Surf skills standard
 - Preliminary & competition requirements
- Codes of Conduct
 - In place for all positions and members
- Qualified Age Managers
 - Full duty of care – Sign on & Sign Off
- Sun safety
 - Sun Safety Policy
- Member welfare
 - In accordance with Australian Sport Commission Guidelines



SURF SPORTS

- Range of surf sports events for juniors are held throughout the season including age specific carnivals and team carnivals
- Branch and State Titles are major events (qualifying required for State)
- Surf sports training – outside of Sunday morning junior activities
- Overview of process for participating in carnivals through the club



CLUB VISION



KEEPING GREENMOUNT SAFE AND FUN

- Cater for kids who thrive on competition, as well as those who don't. What is fun to one kid, may not be fun to another.
- Focus on skill attainment, personal progression, and team harmony.
- Recognise effort, attitude, respect, encouragement of peers and helpfulness around the club, equally as we recognise those who achieve high-level results.
- Creating and maintaining a positive club culture with good governance.



WE NEED YOU!

HOW CAN YOU GET INVOLVED IN JUNIOR ACTIVITIES

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- On average, it takes over 70 people to run a Junior Activities program of 300 junior members
- Involvement can provide you with fitness, new skills development and new, interesting experiences
- Range of formal and informal roles within Junior Activities and within the wider club
- Something for everyone

Note: You do not need a Bronze Medallion to be an effective part of SLSQ.



ABOUT THE ROLES



- **Patrolling lifesaver – Award**
 - Members who hold any lifesaving awards outside of the BM or SRC i.e. First Aid, Advanced Resuscitation, SMBBM, Radio, etc. Award members can be active patrolling members. Lifesaving awards can help in other roles i.e. age manager.
 - Courses range from half day to two days to gain awards
- **Patrolling lifesaver – Surf Rescue Certificate (SRC)**
 - The SRC is usually stepping stone to BM and is gained by U14s. Older members can also gain this award.
 - Minimum required over 13 years old; 200m pool swim in under 5 mins
 - Generally 35 hour course (don't complete radios and carries)
- **Patrolling lifesaver – Bronze Medallion (BM)**
 - BM (Certificate II in Public Safety) - primary award most patrolling members hold. After BM members can gain other awards such as IRB. Members generally required to patrol.
 - Minimum required over 15 years old; 400m pool swim in under 9 mins
 - Generally 40 hour course

ABOUT THE ROLES



- Age Managers
 - All age managers must hold an Observers Award (Component of BM/SRC on surf awareness and signals) and an Age Manager Award. Both courses are about 3 hours
- Water safety
 - Members wanting to participate as water safety for junior activities must hold their SRC or Bronze Medallion as a minimum. Other roles in this area include water safety supervisor/coordinator



ABOUT THE ROLES

- Carnival Official
 - Members can opt to gain full officials accreditation or core level qualification which allows work at junior carnivals only. Course approx. 6 hours
- Coach
 - Accredited surf coach courses to train various disciplines are available.
 - One day theory prior to hands on training as needed
- Team Manager
 - Responsible for coordinating and managing members at carnivals.
 - Generally handles carnival nominations too. Currently no formal training



ABOUT THE ROLES



- Junior Activities Committee positions
 - Depends on club structure but generally includes Junior Activities Chair (JAC), Secretary, Treasurer, etc. Training options include forums for various roles and mentoring from within and outside club
- JA non-committee positions
 - For example, registrar, clothing officer, etc depending on club structure
- Fundraising – Club canteen/barbeque
- Other assistance –
 - Gear Steward (in charge of equipment)
 - beach set up team



BEST INTENTIONS

We understand people always want to help and do this with the best intentions. However, best to ask first to save time later.

Range of policies in place around:

- Fundraising and sponsors
- Logo and surf Life Saving/club brand use Inc. clothing
- Safety processes i.e. for training and other activities
- Chaperoning and camps

Who to ask?

JAC or Club Management Committee members.

Note: Most major initiatives will need Junior Activities Committee and Club Management Committee approval



QUERIES OR CONCERNS

- In the first instance, speak with your child's age manager
- Depending on your query, you may like to speak to one of the Junior Activities Committee members
- Your query may be referred to a member of the club's Management Committee i.e. training query to Chief Training Officer
- Ultimately, there will be someone in the club who can help



MORE INFORMATION



Take home information including club contacts:

- Club Website
- Club member handbook
- Club Newsletter
- Club Social Media
- Branch and State websites (e.g. www.lifesaving.com.au)



WELCOME TO OUR FAMILY

SURF LIFE SAVING
QUEENSLAND



- *Get active!*
- *Get involved!*
- *Have fun!*



Fun



Family



Friends