GREENMOUNT GRAPEVINE

Members Newsletter

Version: May 2020 Patrolling Greenmount Beach since 1911 PO Box 156, Tweed Heads NSW 2485 Phone—07 5536 6901 Email—thcslsc@outlook.com Website—www.thcslsc.com.au

FROM THE PRESIDENT

Hi Members

Well there looks to be a little bit of light at the end of the tunnel with the lockdown loosening up and I am very happy to say that I am not aware of any of our members having had been diagnosed with Covid 19. The Supporters Club is likely to open in June and hopefully this is the start of us all getting back to normal.

In more good news it looks as though we will be able to hold our AGM almost in our normal fashion. We need to have 30 voting members present to be able to hold the meeting so we will be looking to have the first 20 in the training room and 10 or more outside or maybe in a room upstairs via a video platform.

By the time you are reading this I expect that nominations will have closed and we will be communicating who has nominated for what roles for this year and any general business to be covered. Remember it is 21/6 and it would be great to have large numbers on the day. I assure you we will work out a way to manage it if that is the case with social distancing.

The building committee has also been very busy and we are hoping that we will be able to have the official opening of the storage sheds out the back after the AGM on 21/6.

We have a few things coming up that you can get involved in if you are in a position to help.

We are taking on the landscaping and the driveway out the back ourselves and whilst the Old Boys have volunteered I am sure a few extras wouldn't hurt.

We are also going to have to do a big clean up of the club and it's facilities before we are able to open it back up to the members so a working bee may be required for that. I will keep you posted.

Once we have elected the board for next season we will also be holding a Strategic Planning meeting that all members are invited to attend.

We last did this 2 years ago and the result was the Business Plan that the club has worked from since. It is great that we have managed to tick off a lot on the plan in the last couple of years so we need to review the future of the club in the next few years.

If you have an opinion on this and are happy to share it then this meeting is for you. I will finalise a date for July at the AGM.

Hang in there and I look forward to seeing you at the AGM.

Thanks David Fuller



Alternatively, the Helens can be contacted on their mobile phones

Monday, Tuesday, Wednesday—Helen C—0421 751 209



Monday, Thursday, Friday-Helen D-0413 614 633





SURF LIFE SAVING REPORT

Thanks everybody for a great season of patrol. The patrol season has now finished and we hope all patrolling members return next season. As a matter of interest some statistics for this past season;

Patrols were kept busy this season with 68, 909 beach visitations, 37 first aid cases, 240 marine stings. Coupled with 74 preventative actions and warning 1622 people. We also performed 4 rescues throughout the season (1 in October, 2 in December and 1 in March).

There were some changes to patrols at the latter half of the season due to the Covid-19 Pandemic. This created some challenges for the Club due to some roster changes and the closure of our beach to the general public. The patrol members adapted to this change well, maintaining a surveillance patrol throughout this time. We look forward to purchasing new equipment for next season with a new tractor on the way and other new life saving equipment including defibs and boards

I'd like to take this opportunity to thank all patrol members for their contribution throughout a very trying season especially those who patrolled on public holidays and I'd like to make a special mention to all of the patrol captains for their outstanding leadership, professionalism and support of their patrol groups. Thanks also to the trainers and assessors for their outstanding contribution to the club.

Don't forget all patrol members please head down for the AGM on Sunday 21st June 2020 at 10am.

Thanks Jy Taylor

FROM THE IRB AND TRAINING ROOMS

Hello everyone and welcome to another grape-vine.

Boy, this has certainly been a different year. We started out on a huge High, having won the Branch Club of the Year award, then the State Club or the year and then the National club of the year. Certainly a big achievement for us as a Club. Then we hit the floor with the Corona Virus pandemic which virtually closed all of our Club operations at every level.

We battled on with surveillance Patrols until the end of the season and then ---- nothing, we were all grounded.

We were about half way through an IRB Driver/ Crew course when the curtain came down, all training courses of any kind were postponed or cancelled, with no real idea of what will happen in the future.

The training team have scheduled the intensive SRC/Bronze course for the Term 3 September school holidays but it does not appear that this will go ahead.

No other training has as yet been scheduled. Club proficiency dates have been set but once again this has to be confirmed. The dates we set were Sunday 16/8, Sat 12/9, Sun 18/10, Sat 14/11, Sun 13/12. Please note that we have included two Saturday sessions in the calendar this year as they are pretty popular. The club will confirm whether any of these dates will be utilised as time goes on but we are ready.

Our IRB motors lay rusting away in the Patrol Shed from lack of use and attention, our Craft are deflating in the cold weather and looking rather sad with only our two IRB training dummies for company. Hopefully this will all be resolved but I doubt whether we will get back to the way we were this year.

That's it for this month, not much to say because not much was done. Stay safe everyone.

Rob Walters

CTO/IRB Captain.



"OLD BOYS" UPDATE



G'day to all - Chirpy here with the TH&C/ SLSC - Old Boys Update

Well – the light is definitely getting brighter at the end of this COVID-19 Tunnel – good news.

As the Government restrictions are progressively lifted (Chirp has been allowed to visit Greenmount - from Eight Mile Plains in Brissy - these past two weekends and enjoy a Swim in the Ocean) – we can start planning on some opportunities not allowed in the past two months.

It's been nice to catch up with some familiar faces and marvel at the work that has been happening all around our Club premises these past two months or so.

Lucky Locals – I happily joined the Surf swimmers these past two weekends and am pleased to share the good news that the Ocean at Greenmount Beach water temperature is still a balmy 22 deg – just beaut.

O'Boys – Activities – Like most - we have been getting all those items on our "home jobs list" ticked off ready to get back into the swing of activity at the Beach and Surf Club.

INVITATION – if you are a past member of TH&C or any Aussie Surf Club you are cordially invited to attend our Monthly luncheon which happens on the first Thursday of the month @ 11.30/12.00 pm Qld time – we hope to see you there when we resume our Luncheons after this COVID-19 event.

- Sun June 21 at 10.00 am TH&C SLSC AGM is planned for this day and once we get closer the format / venue will be reconfirmed
- Thurs July 2 12.00 noon tentative first revival of our GOB-DOT Thursday Luncheon at the GBC – lets be positive and plan for it huh !
- Sat / Sun Nov 7 & 8 O'Boys AGM / Reunion – Lost - Weekend - yep – I am getting in early so put this date into your diaries for Nov please (and Fingers crossed !)

Sunday Luncheon Raffle spot – "On the Deck" – thanks for the past support to run these Sunday lunch raffle on the Deck (up to

late March) – if you want to help – put your hand up – so we are ready for when this all reconvenes.

NOTE – please remember to support our Sponsor – "Earth -n- Sea" during this period as they still make the best Pizza in Town – by a country mile - and have been a great TH&C Club Supporter for many years now!

New Grounds expansion / Screen / Storage Shed project – Wow – what a difference this new screening and Storage facility makes to our Club.

In the next week or two we (O'Boys Crew) will assist Dave / Craig and Billy with the landscaping and some special new driving surfaces around the Shed (to be kind to our big trees).

Once these are complete the end is well in sight for this great new Storage area addition.

GBC Maintenance Opportunity – Dave P tells me his Team of volunteers have been busy little beavers and just about completed painting of all the Table leg/stands upstairs in the GBC – good job lads !

GOB-DOT New letter – Well done again 'Scribe' – Bronte Bob – thanks for being the O'Boys News conduit during this COVID-19 period – we can now definitely see better days ahead - whoppee !

Remember to keep Chirp, Spud and Bronte Bob in the loop for all O'Boys & Club related matters and general 'scutter bug'.

Travelling – It's ALL cancelled and there have been folk stranded O/S – but hopefully all Aussies are Home now and starting to plan ahead again (Norm tells me his Van is good to go once we get the "green light" to travel - domestically !)

Photos – I have drawn on a couple of previous photos from earlier in this season to share as a reminder - plus a cracker I saw last Sunday outside the Greenmount Kiosk / Coffee Shop – I thought I had seen it all - dogs and cats in prams, strollers, Cats on leads – BUT Birds (yep feathered variety) being taken for a walk in/on their own trolley – Budgies, Cockatiel and Corella – all enjoying the ocean breeze - go figure ?????





That's all for now – keep safe – and "Enjoy" the Beach / Surf when you can and just "Dream" about our beaut GBC facilities upstairs and when we can enjoy again – sometime in June it seems – ie very soon !!

Happy days Chirpy H – Mob 0419654466 <u>chirpyh@gmail.com</u> / Peter Hargrave – 0478498036 <u>bnnanas@hotmail.com</u> – Spud and Di H – 55995873 <u>dianehillery46@gmail.com</u>







Participating clinic:



FREE Skin Cancer Screening: Research Project Investigating Skin Cancer in Surfers, Swimmers and Stand Up Paddle Boarders



Surfers, Swimmers and SUP Needed for Research Study into Skin Cancer

We are Brendan Doyle (Honours candidate), Dr Michael Stapelberg (MBBS, PhD Dermatology, Dip Prac Dermatology, FRACGP, ACCSCMS, ACCD) and Dr Mike Climstein (FASMF, FACSM, FAESS) and we are conducting a research study investigating the prevalence and types of skin cancers seen in surfers and swimmers.

This research has been approved by the Southern Cross University Human Ethics Committee (Approval number: 2020/047)

Australian Cancer Council: nearly one-third of all Australians have had a skin cancer at some time in their lives, making it the most common type of cancer in Australians. Non-melanoma skin cancers (basal cell carcinomas and squamous cell carcinomas) were the most prevalent with over 750,000 treated each year. Australia has also been recognised as having the highest incidence of melanoma skin cancer in the world. Surfing and swimming are two of the most popular outdoor aquatic activities in Australia. As a result, the expected risk of skin cancer in surfers and swimmers due to long periods of exposure to ultraviolet radiation, wearing less clothing and reflection from the water is of great concern.

RESEARCH AIM: To investigate the prevalence, types and required treatment(s) of skin cancers in surfers and swimmers presenting to this skin cancer clinic.

Inclusion criteria: This research is open to anyone aged 18 and over who surfs, swims or SUPs year-round.

What does the research involve?: You will receive a free skin check by an accredited skin cancer doctor along with treatment (if appropriate) and are required to fill out a short survey.

More info: Please contact Brendan on 07 5601 0495 or b.doyle.16@student.scu.edu.au

CRICOS Provider: 01241G

