

TH&C NIPPER NEWSLETTER



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CHRISTMAS AND NEW YEAR

Welcome to the back half of the season! Despite the heavy rain, our remarkable beach still turned on clear water last Sunday for those joining us. There were many nippers staying local over the Christmas and New Year break who made the most of the holiday training schedule to maintain their fitness. There was a fun expression session for the most creative moves on the boards with prizes given by the coaches. Thanks to Dom Kennedy, Carmen Sullivan and Marissa Herangi who helped cook and serve 52 breakky burgers to our hungry kids and parents. Thanks to the Wellman family who bought Xmas cupcakes to share with friends!



It is now that we start to focus our attention on our branch competitions in February, with the aim to get as many teams as possible qualified for State titles – which are just over 8 weeks away. It is the culmination of the combined efforts of many to get our usually 80 strong team up to Alex Headlands. Choosing teams is proving difficult in some age groups, with nippers starting to develop great skills, especially in the water events given the improved surf training attendance from many.



YOUNG GUNS TEAMS WRAP – 12TH JAN 2020

Some keen u11-15's competed at Mermaid Beach SLSC on 12th January in a team carnival for water events only. TH&C finished in a creditable 5th place (76 points), behind all the big South Coast branch clubs Burleigh Heads Mowbray Park, Southport, Kurrawa and home team Mermaid. Impressively, we finished ahead of Northcliff who a dominant force in the surf have historically been. Importantly, many pairs had a good test of their board rescue skills before the branch titles.



Conditions were tricky with a decent shore to navigate, lots of cornflake and plenty of drizzle. Congratulations to all the nippers who competed during their holidays, and to Isabelle, Kane and Jason who helped coordinate the teams. Thank you to our officials – who all got to try different roles on the day, adding to our club experience: Samantha Alford, Leonie Eriksen and Kate Rogers.

Special mention goes to the nippers placing in the finals: U11 girls – Avalon Haley and Shelby Osborne (3rd board rescue).



U11 boys – Jaspa Haley, Luke Hickling, Noah McClure and Oli Muggeridge (4th Cameron relay, 6th surf team), Jaspa Haley, Noah McClure and Oli Muggeridge (3rd board relay), Noah and Oli (6th Board rescue).



U12 girls – Leah Herangi, Amber Sullivan, Avalon Haley and Shelby Osborne (5th Cameron relay), Leah Herangi, Phoebe Rogers and Avalon Haley (6th board relay), Leah Herangi, Phoebe Rogers, Amber Sullivan and Shelby Osborne (5th surf team).

U12 boys – Matt and Dan Holdway, Jai Kordis and Moss Mulready (5th Cameron relay, 4th surf team), Matt and Dan Holdway, Jai Kordis (7th board relay), Dan and Jai (4th board rescue), Matt and Oli (6th board rescue).



U13 girls – Lily Alford, Izzy Boucher, Caillie Eriksen and Amy Cronk (6th Cameron relay), Izzy Boucher, Caillie Eriksen and Amy Cronk (4th board relay), Lily Alford, Jada Barker and Kaelani Sherwood (6th board relay), Izzy and Amy (3rd board rescue), Lily and Kaelani (6th board rescue), Izzy Boucher, Jada Barker, Caillie Eriksen and Amy Cronk (4th swim team).

U14 girls – Luka Haley, Shakyah Jordan and Amali Kordis (2nd board relay), Luka Haley, Shakyah Jordan, Amali Kordis and Lily McClure (2nd surf team), Luka and Lily (3rd board rescue), Shakyah and Amali (4th board rescue),

U14 boys – Ryan Muggeridge, Samuel Gould, Isaac Rogers and Cash Cratchley (2nd Cameron relay and 2nd surf team), Ryan Muggeridge, Isaac Rogers and Cash Cratchley (4th board relay), Ryan and Cash (2nd board rescue), Isaac and Sam (6th board rescue).

NIPPER TRAINER OF THE MONTH – DECEMBER

Trainer of the month is an award recognising a nipper's consistency, effort, enthusiasm, respect for coaches and encouragement of their peers, combined with an overall positive attitude towards training and around the club. Something all nippers can aspire to. For the month of December, the recipients are: Evie Barker (u9), Riley Kippax (u10), Ashlyn Kennedy (u12) and Shakyah Jordan (u14). Congratulations and well done!

IMPORTANT DATES

25th JAN Nipper Saturday @ Palm Beach (for u11-15 carnival competitors)

26th JAN Official Nipper Sunday and Kieran Young memorial relay u11-14's

8-9th FEB u11-15 Branch Youth Champs @ North Kirra + regular nippers on 9th

16th FEB u8-10 Little dudes Branch Champs @ Kirra + regular nippers on 16th

YOUTH DEVELOPMENT PROGRAM – 6-10TH JAN

Well done to Harry Blaser (u15) and Isaac Rogers (u14) who represented TH&C in a five-day camp with 38 other youth from the Gold Coast. These lads got to experience many aspects of life saving operations at various clubs and venues, as explained by Harry below. Thanks to the club and SLSQ for providing this tremendous opportunity.



Day 1

At TH&C we were split into two groups – a long board group and a learn to surf group and then we swapped. Morning tea was fruit and muffins and after a pizza lunch we had unlimited games at Timezone.

Day 2

At Mermaid Beach we experienced a session of learning the tips and tricks of resuscitation. Everyone trialled their resuscitation skills on dummies and were then tested to see who had the best resuscitation timing. Dangerous jellyfish such as the box jelly fish, Irukandji and blue bottles were discussed. After lunch a paramedic explained a fast and simple way to evaluate a patient's situation called IMIST (identification, Mechanism, Injuries, Signs, Treatments and trends). It was helpful to understand how to deliver information to the paramedics in simple and effective way. After an obstacle course and quick swim we went inside Surfcom, the central control point for communications – it was amazing with screens almost everywhere looking over the beaches and weather conditions.

Day 3

The day started at Gold Coast Aquatic centre where we were taught the fundamentals of a mannequin rescue, a tube rescue and a line toss and reel. After everyone had a go learning we all participated in a relay to see who had the best and fastest rescue skills. Once everyone had finished, we were taught how to scan and evaluate a busy rescue scene consisting of many people pretending to drown as well as people who had lost children and pets. We were taught to first attend to patients who were conscious and drowning then the unconscious – it was important to understand which was a higher priority. The day finished at Southport to go for a swim.

Day 4

At Broadbeach we listened to heads of nippers and water police, who explained their job and how it's made easier thanks to the help of hundreds of lifeguards every day. Police boats were often named after police that had died in action doing their job. They had 3 types of boats. They covered information on missing people, such as 1-6 year olds and how far they could wander off. We then got the chance to feel how heavy their vests were. After a swim, we had some beach games then got to experience the jet ski. Jack the driver made it fun and did not hesitate to put the pedal to the medal! He talked to us about Surfcom and the amazing types of jobs on offer and the requirements for working – including the helicopter, becoming an Australian lifeguard, Surfcom and the roadrunners.

Day 5

Tallebudgera was full of fun activities these consisted of raft building, giant swing, abseiling, rock climbing and canoeing. The groups were split up so unfortunately the groups only got to do two of the activities they were assigned to. Our group got to do raft building and the giant swing. Raft building was fun and used to help develop our minds to solve issues ourselves, the rafts were very good and floated on the water. Unfortunately, an all-out war between the boys and girls was the destruction of both rafts! Straight after lunch it was the giant swing everyone was extremely nervous, but we all managed to get to the top and feel a giant drop all the way back to the ground.

Hope you all have a great finish to the season – Vaughn and the Nipper committee

Sunland Group

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